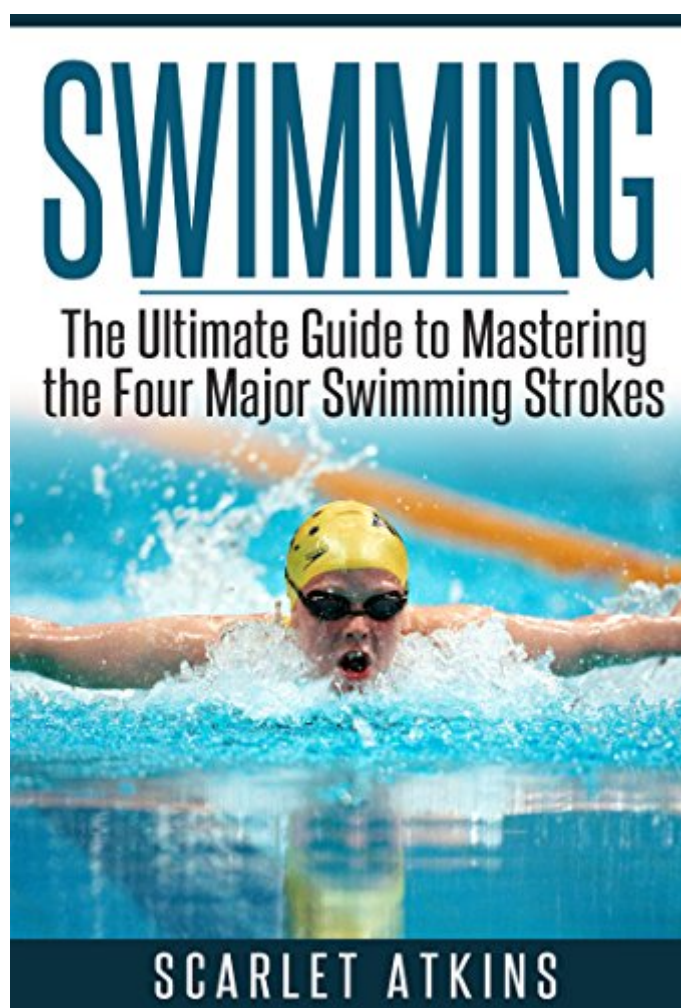


The book was found

# SWIMMING: The Ultimate Guide To Mastering The Four Major Swimming Strokes



## Synopsis

Welcome to the world of swimming! Get this kindle book for just \$0.99 for a limited period only. Regularly priced at \$2.99. Read on your PC, Mac, smart phone, tablet or Kindle device. Dear aspiring swimmer, Thank you for downloading this book! It contains proven steps, advanced tips and drills in picking up and mastering the four major swimming strokes, i.e., the ubiquitous freestyle, the breast stroke, also known as the frog style, the backstroke and, finally, the challenging butterfly style. You will learn the different strokes and body movements required of each stroke. However, do not feel compelled to pick up all at one time. Pace yourself as you dip your toes into the water. Master the basics, and practise and practise them through the drills. Then dive into the advanced techniques and, again, practise repeatedly until you are, literally, like a fish in the water. Lastly, do not forget to incorporate perseverance, discipline and patience into your swimming regimen. In no time, you will be rewarded with a new set of exercise skills and a new bod to boot. Here Is A Preview Of What You'll Learn... Advantages of swimming Basics of the four major swimming strokes At least three tips and drills for each stroke Much, much more! Download your copy today! Take action today and download this book for a limited time discount of only \$0.99 before the price increases!

## Book Information

File Size: 2263 KB

Print Length: 32 pages

Simultaneous Device Usage: Unlimited

Publication Date: April 9, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01E2OENV6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #594,039 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #104

inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Exercise & Fitness > Aerobics

#159 inÂ Books > Health, Fitness & Dieting > Exercise & Fitness > Aerobics #1214 inÂ Kindle

Store > Kindle Short Reads > 45 minutes (22-32 pages) > Health, Fitness & Dieting

[Download to continue reading...](#)

SWIMMING: The Ultimate Guide to Mastering the Four Major Swimming Strokes Swimming: Swimming Made Easy- Beginner and Expert Strategies For Becoming A Better Swimmer (Swimming, Swimmers Guide, Swim Strokes, Swimming Better) Swim Speed Strokes for Swimmers and Triathletes: Master Freestyle, Butterfly, Breaststroke and Backstroke for Your Fastest Swimming (Swim Speed Series) Mastering Adoption Law and Policy (Mastering Series) (Carolina Academic Press Mastering) The South Beach Heart Health Revolution: Cardiac Prevention That Can Reverse Heart Disease and Stop Heart Attacks and Strokes (The South Beach Diet) NO More Heart Disease: How Nitric Oxide Can Prevent--Even Reverse--Heart Disease and Strokes The High Blood Pressure Solution: A Scientifically Proven Program for Preventing Strokes and Heart Disease Tiger Woods Made Me Look Like A Genius: Five Simple Ways to Take Ten Strokes Off Your Game More Than Just the Strokes: Personal Best Tennis in Clubland and Beyond Strokes of Genius: Federer, Nadal, and the Greatest Match Ever Played Biomechanical Principles of Tennis Technique: Using Science to Improve Your Strokes Whitewater Paddling: Strokes & Concepts (Kayaking With Eric Jackson) The Ultimate Guide to Weight Training for Racquetball and Squash (The Ultimate Guide to Weight Training for Sports, 18) (The Ultimate Guide to Weight ... ... Guide to Weight Training for Sports, 18) Major Problems in American Immigration History: Documents and Essays, 2nd Edition (Major Problems in American History) Glazunov - Concerto in E-flat Major, Op. 109; Von Koch - Concerto in E-flat Major: Music Minus One Alto Saxophone Concerto No. 2 in G Major & Concerto No. 3 in E-flat Major Arranged for Two Pianos (Dover Music for Piano) Vivaldi - Concerto in E Major, Op. 3, No. 12 & Concerto in C Major, Op. 6 "Piacere" RV 180: Music Minus One Violin (Music Minus One (Numbered)) Four Major Plays, Volume I (Signet Classics) Four Major Plays of Chikamatsu Four Major Plays: Doll's House; Ghosts; Hedda Gabler; and The Master Builder (Oxford World's Classics)

[Dmca](#)